

JACOBS HIGH SCHOOL SUMMER CROSS COUNTRY CAMP

Dates:

June 19 – July 27

Our camp goes from Monday-Thursday

Day:

Monday

Tuesday

Wednesday

Thursday

Time:

Girls & Boys 7:30am

Girls & Boys 7:30am

Girls & Boys 7:30am

Girls & Boys 7:30am

Location:

Westfield

Jacobs

Raceway Woods

Westfield

The location is subject to change on a weekly basis, check the website for updates the night before we run for any changes. The complete summer schedule is on back. This is a **free** camp so all are encouraged to come by and try it out. **ALL** ages are welcome to come out and run, we have had as young as 6th graders and as old as college athletes and even professional runners run with us.

If you have any questions please email Coach Kevin Christian at kevin.christian@d300.org. If you need any help on where we are meeting or when please email us. Also, we will have the times, places and any other changes at the teams website at www.jacobsxc.com

Official Practice:

The first day of official practice is Wednesday, August 9, at 3:20pm at Jacobs in the faculty parking lot which is located on the north side of the school. Attendance to all official practices is mandatory.



Summer Schedule:

<u>Day</u>	<u>Date</u>	<u>Place</u>	<u>Time</u>
Mon	6/19	Westfield	Girls & Boys 7:30am
Tue	6/20	Jacobs	Girls & Boys 7:30am
Wed	6/21	Raceway Woods	Girls & Boys 7:30am
Thu	6/22	Westfield	Girls & Boys 7:30am
Mon	6/26	Westfield	Girls & Boys 7:30am
Tue	6/27	Jacobs	Girls & Boys 7:30am
Wed	6/28	Raceway Woods	Girls & Boys 7:30am
Thu	6/29	Westfield	Girls & Boys 7:30am
Mon	7/3	Westfield	Girls & Boys 7:30am
Tue	7/4	Jacobs	Girls & Boys 7:30am
Wed	7/5	Raceway Woods	Girls & Boys 7:30am
Thu	7/6	Westfield	Girls & Boys 7:30am
Mon	7/10	Westfield	Girls & Boys 7:30am
Tue	7/11	Jacobs	Girls & Boys 7:30am
Wed	7/12	Raceway Woods	Girls & Boys 7:30am
Thu	7/13	Westfield	Girls & Boys 7:30am
Mon	7/17	Westfield	Girls & Boys 7:30am
Tue	7/18	Jacobs	Girls & Boys 7:30am
Wed	7/19	Raceway Woods	Girls & Boys 7:30am
Thu	7/20	Westfield	Girls & Boys 7:30am
Mon	7/24	Westfield	Girls & Boys 7:30am
Tue	7/25	Jacobs	Girls & Boys 7:30am
Wed	7/26	Raceway Woods	Girls & Boys 7:30am
Thu	7/27	Westfield	Girls & Boys 7:30am

